KIA ORA WHĀNAU

We are holding a **Heart Day** to raise vital funds for the **Heart Foundation’s Big Heart Appeal.**

We would love you to join us on <date> at <time> for:

* <details of your day>
* <details of your day>
* <details of your day>

We are hoping to win some exciting prizes from the Heart Foundation and spread the message about looking after our hearts.

See you then!

**< name>**