

**The Big Heart Appeal – Heart Day**

<Name of your early learning service> are having a **Heart Day** on <date> February 2019 to help the Heart Foundation fight New Zealand’s single biggest killer – heart disease.

For our Heart Day we are going to:

* <details of your day>
* <details of your day>
* <details of your day>
* <details of your day>
* <details of your day>

We are having a Heart Day because we:

* Want to spread the word about being healthy
* Contribute to the Heart Foundation’s vital work
* Can celebrate Valentine’s Day at the same time
* Are learning about keeping our heart’s healthy
* Want to inspire our families to eat tasty and healthy food
* Could win some awesome prizes
* Other
* Other

We would love you to join us at our Heart Day. Help us to let the community know what we are doing to promote healthy hearts and the vital work of the Heart Foundation.

* **<DATE>**
* **<TIME>**
* **<ADDRESS>**

**For more information, please contact:**